

PRESS RELEASE – DO-WACKA-DO TRAILRUN – 5 Mile, 25K & 50K

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FOR IMMEDIATE RELEASE

**“Do-Wacka-Do” 5 Mile, 25K & 50K Trail Run
September 25, 2010, Erick, Oklahoma**

On Saturday, September 25, 2010, the Roger Miller Museum in Erick, OK will be hosting the Do-Wacka-Do 5 Mile, 25K and 50K Trail Run. The race will be held at the Sandy Sanders Wildlife Management Area south of Erick and will start at 8:00 a.m. The Sandy Sanders WMA is a 19,100 acre, state owned, wildlife management area used primarily by hunters from October to April. The WMA, located in the breathtakingly raw and powerful “Breaks” of Southwestern Oklahoma, is a trail runner’s paradise. They aren’t called the “Breaks” for nothing! There are unique canyon trails, wildlife scenery and the Elm Fork of the Red River runs through the southern end of the area.

The race is named the “Do-Wacka-Do” in honor of Erick, Oklahoma’s favorite famous son, singer/songwriter Roger Miller, and will benefit the Roger Miller Museum, a non-profit organization. To register and/or obtain general information about the race, go to www.dowackadotrailrun.com. Each entrant will receive a tech t-shirt with the Do-Wacka-Do logo, goody bag, after-race meal, plus one free entry to the Roger Miller Museum. On Friday evening the race committee will host a homemade spaghetti dinner, with salad, bread, dessert and drink for \$5.00/person.

Entry Fees are \$25 for the 5 Mile, \$40 for the 25K, and \$60 for the 50K. Early registration is encouraged - after September 10th the fees will be increased by \$5.00. The event promises to be a top-flight, challenging trail run that will attract runners from all over the region, and will be an excellent opportunity to give the runners and their family and friends who choose to accompany them, a taste of “good ole Western Oklahoma hospitality”.